

Shangri-La International Duathlon Challenge 中国香格里拉国际铁人两项挑战赛

Overall Individual Results - by Gender 个人赛总排名-按性别排序

Gender Pos 性别排名	Bib No. 比赛号码	Name 姓名	Category 组别	Country 国家	Run1 跑步1	T1	Cycle 單車	T2	Run2 跑步2	Total time 總耗時	Penalty 罚时
Male											
1	103	Jiuling Tang 汤九零	AG 18-39	China	00:29:51	00:01:13	01:21:09	00:01:42	00:32:22	02:26:19	
2	82	Linhai Gu 顾林海	AG 40	China	00:30:03	00:01:22	01:22:32	00:01:19	00:31:18	02:26:36	
3	134	Yuheng Li 李玉恒	AG 18-39	China	00:29:40	00:01:11	01:16:46	00:01:00	00:36:41	02:27:21	+00:02:00
4	133	Jian Chen 陈剑	AG 40	China	00:28:03	00:01:15	01:25:51	00:01:08	00:31:18	02:27:36	
5	58	Bing Yang 杨兵	AG 18-39	China	00:29:07	00:01:48	01:19:35	00:01:01	00:36:00	02:28:33	+00:01:00
6	126	Yuxing Cheng 程宇星	AG 18-39	China	00:29:25	00:01:28	01:21:07	00:01:39	00:35:21	02:29:02	
7	107	Jun Wu 吴军	AG 40	China	00:32:42	00:01:20	01:19:55	00:01:13	00:35:49	02:31:01	
8	98	Zhixiang Sun 孙志祥	AG 40	China	00:31:36	00:01:00	01:27:36	00:00:46	00:34:52	02:35:52	
9	85	Yun Zhang 张赞	AG 40	China	00:30:03	00:00:56	01:30:48	00:01:01	00:35:36	02:38:26	
10	87	Taojun Gu 辜桃君	AG 18-39	China	00:30:04	00:01:02	01:33:52	00:00:33	00:34:00	02:39:32	
11	125	Gewen Pu 浦戈文	AG 40	China	00:33:52	00:02:01	01:27:48	00:01:15	00:37:07	02:42:05	
12	138	Yundong Zhang 张云东	AG 18-39	China	00:31:06	00:01:39	01:36:08	00:01:46	00:32:57	02:44:38	+00:01:00
13	79	Qin Yang 杨勤	AG 18-39	China	00:36:34	00:04:58	01:24:51	00:03:00	00:37:35	02:46:59	
14	130	Kun Chen 陈坤	AG 18-39	China	00:34:51	00:04:02	01:34:04	00:03:48	00:36:42	02:53:29	
15	60	Yanjiang Sun 孙彦江	AG 18-39	China	00:36:20	00:02:23	01:30:42	00:02:01	00:42:25	02:53:54	
16	116	Jianguo Liu 刘建国	AG 50	China	00:37:42	00:01:43	01:30:56	00:01:57	00:43:08	02:55:28	
17	104	Jun Xu 许俊	AG 18-39	China	00:37:38	00:01:23	01:30:47	00:01:42	00:44:30	02:56:02	
18	132	Jiyuan Lv 吕继源	AG 18-39	China	00:34:05	00:01:36	01:32:33	00:01:33	00:48:27	02:58:16	
19	71	Weirong Zhu 朱维荣	AG 40	China	00:35:13	00:04:24	01:37:11	00:03:00	00:40:50	03:00:40	
20	61	Guangyong Liu 刘光勇	AG 18-39	China	00:36:20	00:01:48	01:33:02	00:01:29	00:48:11	03:00:53	
21	63	Zhenyu Tang 汤镇宇	AG 18-39	China	00:39:02	00:02:42	01:30:51	00:01:59	00:46:55	03:01:31	

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22	89	Yongru Li 李永儒	AG 18-39	China	00:37:12	00:03:51	01:34:36	00:04:19	00:42:35	03:02:36	
23	118	Lisong Wan 万立松	AG 18-39	China	00:41:32	00:04:11	01:27:07	00:03:48	00:47:23	03:04:03	
24	117	Danhuan Zhou 周丹环	AG 40	China	00:41:36	00:04:10	01:27:04	00:03:39	00:47:34	03:04:04	
25	106	Ting Wang 王霆	AG 40	China	00:44:19	00:03:15	01:24:50	00:02:13	00:50:59	03:05:36	
26	100	Lacanpichu 拉参批楚	AG 18-39	China	00:40:01	00:02:14	01:34:48	00:02:11	00:47:18	03:06:33	
27	139	Yunlong Zhang 张云龙	AG 40	China	00:42:16	00:02:32	01:31:32	00:01:34	00:49:12	03:07:08	
28	64	Yan Wang 王燕	AG 50	China	00:39:06	00:02:20	01:37:14	00:02:00	00:46:59	03:07:41	
29	119	Chuan Qu 瞿川	AG 40	China	00:41:41	00:04:24	01:32:16	00:02:23	00:47:09	03:07:55	
30	70	Zemiao Chen 陈泽淼	AG 18-39	China	00:42:21	00:01:47	01:34:59	00:01:26	00:47:42	03:08:17	
31	81	Guobin Li 李国彬	AG 40	China	00:39:14	00:01:26	01:39:09	00:00:58	00:48:53	03:09:41	
32	67	Jiasheng He 和佳胜	AG 18-39	China	00:39:17	00:02:22	01:42:46	00:02:11	00:44:21	03:10:59	
33	120	Tao Zhao 赵韬	AG 18-39	China	00:40:37	00:03:57	01:32:22	00:03:47	00:50:27	03:11:12	
34	76	Shuai Zhang 张帅	AG 18-39	China	00:31:42	00:01:26	01:32:46	00:01:48	01:04:34	03:12:18	
35	112	Ka Shao 邵卡	AG 18-39	China	00:38:48	00:05:17	01:36:03	00:01:13	00:51:33	03:12:55	
36	88	Chaolun Deng 邓超伦	AG 18-39	China	00:42:25	00:02:32	01:39:56	00:01:31	00:47:44	03:14:10	
37	78	Jian Zhou 周健	AG 18-39	China	00:43:17	00:04:11	01:34:11	00:01:45	00:51:27	03:14:53	
38	129	Changjian Qi 齐长健	AG 40	China	00:39:14	00:03:12	01:42:38	00:02:28	00:47:43	03:15:18	
39	72	Xi Zhang 张锡	AG 18-39	China	00:36:32	00:00:49	01:48:04	00:01:03	00:48:57	03:15:28	
40	97	Wenbo Ren 任文波	AG 18-39	China	00:36:33	00:01:56	01:56:09	00:01:05	00:46:21	03:22:05	
41	84	Ming Zeng 曾明	AG 40	China	00:37:55	00:01:48	02:03:07	00:00:49	00:43:25	03:27:05	
42	96	Yong Zhao 赵永	AG 40	China	00:39:38	00:01:24	02:00:20	00:01:04	00:46:07	03:28:34	
43	99	Chunhai Lan 兰春海	AG 18-39	China	00:42:15	00:01:44	01:48:23	00:02:45	01:00:38	03:35:47	

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44	51	Bart Kobus	AG 40	Netherlands	00:46:03	00:04:31	01:45:37	00:05:15	00:55:16	03:36:44	
45	52	Martin Betz	AG 50	Germany	00:46:47	00:03:35	01:49:30	00:02:36	00:54:15	03:36:44	
46	110	Bin Cheng 程斌	AG 18-39	China	00:35:40	00:00:48	02:05:11	00:01:55	00:53:10	03:36:46	
47	111	Tao Song 宋涛	AG 18-39	China	00:37:40	00:01:24	02:10:53	00:01:00	00:49:59	03:40:59	
48	80	Guoliang Li 李国良	AG 40	China	00:40:56	00:01:37	02:06:39	00:01:28	00:50:28	03:41:10	
49	77	Qilin Yao 姚齐林	AG 18-39	China	00:44:03	00:02:34	01:44:09	00:01:48	01:11:38	03:44:15	
50	135	Bingwen Mao 毛炳文	AG 40	China	00:51:26	00:01:51	01:40:47	00:02:02	01:08:37	03:44:45	
51	101	Yongxing Yang 杨永兴	AG 18-39	China	00:40:28	00:01:44	02:05:55	00:01:15	00:56:27	03:45:52	
52	86	Jiangyun Liu 刘江云	AG 40	China	00:49:10	00:02:57	01:53:23	00:01:04	01:01:56	03:48:33	
53	122	Ni Rong 荣霓	AG 40	China	00:52:35	00:01:53	01:46:56	00:02:03	01:06:41	03:50:10	
54	123	Junwu Xiong 熊俊武	AG 50	China	00:52:07	00:03:56	01:49:56	00:03:08	01:06:49	03:55:59	
55	93	Yongsheng Zhang	AG 18-39	China	00:53:06	00:02:36	01:53:44	00:04:13	01:09:23	04:03:04	
56	91	Yiding Guo 郭一丁	AG 18-39	China	00:52:30	00:03:11	01:54:56	00:02:46	01:09:44	04:03:09	
57	66	Zhiqing Wu 吴志清	AG 40	China	00:47:32	00:04:17	02:10:04	00:04:40	01:02:59	04:10:34	+00:01:00
58	113	Fuyong Wang 王甫勇	AG 40	China	00:43:03	00:02:04	02:20:41	00:01:59	01:04:39	04:12:28	
59	94	Mingqin Wang 王鸣勤	AG 40	China	00:53:52	00:05:21	02:17:46	00:04:35	01:01:13	04:22:49	
60	62	Wenbing You 游文兵	AG 18-39	China	00:49:06	00:05:09	02:23:27	00:04:04	01:07:37	04:29:26	

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Female											
1	1	Katrine Amtkjaer	Elite	Denmark	00:32:07	00:01:30	01:21:30	00:00:50	00:33:25	02:29:25	
2	137	Xin Tang 唐欣	AG 18-39	China	00:33:07	00:01:14	01:18:35	00:00:58	00:39:31	02:34:27	+00:01:00
3	75	Jun Fu 傅竣	AG 40	China	00:36:19	00:01:41	01:32:55	00:01:40	00:39:19	02:51:57	
4	68	Yaoyun He 和耀云	AG 18-39	China	00:40:38	00:04:00	01:39:40	00:03:37	00:45:18	03:13:14	
5	136	Xintong Jiang 蒋昕彤	AG 18-39	China	00:45:58	00:02:18	01:38:05	00:01:49	00:50:27	03:18:39	
6	57	Linda Li	AG 18-39	Netherlands	00:43:57	00:02:35	01:44:58	00:02:11	00:47:08	03:20:51	
7	114	Xiaoqin He 何小芹	AG 40	China	00:45:57	00:02:34	01:42:32	00:01:41	00:49:31	03:22:17	
8	128	Xiang Chen 陈香	AG 40	China	00:41:12	00:01:53	01:49:58	00:01:40	00:47:48	03:22:32	
9	105	Xuehui He 和学慧	AG 18-39	China	00:40:29	00:01:35	01:54:06	00:01:16	00:48:17	03:25:45	
10	65	Dongmei Wei 魏东梅	AG 50	China	00:42:13	00:01:23	01:53:17	00:00:52	00:49:29	03:27:15	
11	115	Li Zhang 张丽	AG 50	China	00:49:25	00:02:44	01:38:51	00:02:11	00:56:51	03:30:04	
12	131	Jiayi Sun 孙嘉苡	AG 40	China	00:44:19	00:02:09	01:52:05	00:01:31	00:52:11	03:32:17	
13	69	Yong Zhang 张永	AG 40	China	00:45:15	00:01:07	02:04:52	00:01:51	00:54:57	03:48:03	
14	74	Ping Zhang 张苹	AG 40	China	00:44:33	00:07:29	02:18:00	00:05:42	00:46:00	04:01:46	
15	73	Xiang Qiu 邱翔	AG 40	China	00:49:05	00:04:55	02:04:37	00:03:43	01:02:03	04:04:25	
16	92	Mengsha Yang 杨梦莎	AG 18-39	China	00:58:28	00:02:14	02:00:37	00:02:29	01:11:53	04:15:43	
17	127	Yan Xie 解燕	AG 50	China	00:52:19	00:03:09	02:21:13	00:02:17	00:59:48	04:18:48	
18	90	Hongye Fan 范宏晔	AG 40	China	01:00:14	00:03:25	02:13:49	00:04:58	01:03:03	04:25:32	